



# School Gourmet High School Lunch Menu SEPTEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Welcome Back Lancers!</b>	<b>6 Chapel Schedule</b> Chicken Tacos Quesadilla Nachos Sub Sandwich Ranch Salad Fruit Cup Fries	<b>7</b> Meatball Sub Pasta Bowl Mozzarella Sticks Sub Sandwich Caesar Salad Fruit Cup Fries	<b>8 Chapel Schedule</b> Cheeseburger Quesadilla Sub Sandwich Nachos Ranch Salad Fruit Cup Fries	<b>9</b> Pizza Mozzarella Sticks Panini Sub Sandwich Caesar Salad Fruit Cup Fries
<b>12</b> Chicken Sandwich Mac N Cheese Sub Sandwich Chicken Wrap Caesar Salad Fruit Cup Fries	<b>13</b> Beef Tacos Quesadilla Nachos Sub Sandwich Ranch Salad Fruit Cup Fries	<b>14 No Freshmen</b> Chicken Alfredo Pasta bowl Mozzarella Sticks Sub Sandwich Caesar Salad Fruit Cup Fries	<b>15 Chapel Schedule</b> <b>No Freshmen</b> Cheeseburger Quesadilla Sub Sandwich Nachos Ranch Salad Fruit Cup Fries	<b>16 No Freshmen</b> Pizza Mozzarella Sticks Panini Sub Sandwich Caesar Salad Fruit Cup Fries
<b>19 Chapel Schedule</b> Chicken Sandwich Mac N Cheese Sub Sandwich Chicken Wrap Caesar Salad Fruit Cup Fries	<b>20 Chapel Schedule</b> Chicken Tacos Quesadilla Nachos Sub Sandwich Ranch Salad Fruit Cup Fries	<b>21 Chapel Schedule</b> Chicken Parmesan Sandwich Pasta Bowl Mozzarella Sticks Sub Sandwich Caesar Salad Fruit Cup Fries	<b>22 Chapel Schedule</b> Cheeseburger Quesadilla Sub Sandwich Nachos Ranch Salad Fruit Cup Fries	<b>23 Chapel Schedule</b> Pizza Mozzarella Sticks Panini Sub Sandwich Caesar Salad Fruit Cup Fries
<b>26</b> Chicken Sandwich Mac N Cheese Sub Sandwich Chicken Wrap Caesar Salad Fruit Cup Fries	<b>27</b> Beef Tacos Quesadilla Nachos Sub Sandwich Ranch Salad Fruit Cup Fries	<b>28</b> Meatball Sub Pasta Bowl Mozzarella Sticks Sub Sandwich Caesar Salad Fruit Cup Fries	<b>29 2:05 Release</b> <b>Faculty in service</b> Hawaiian Chicken Bowl Quesadilla Sub Sandwich Nachos Ranch Salad Fruit Cup Fries	<b>30</b> Pizza Mozzarella Sticks Panini Sub Sandwich Caesar Salad Fruit Cup Fries

**COMBO MEALS: \$4.75** MAIN, SIDE (FRUIT CUP, FRIES OR CHIPS) AND ANY BEVERAGE  
**MAIN: \$3.00** SANDWICH, SALAD, WRAP, PANINI, PASTA, BOWLS, TACOS, CHEESEBURGER, PIZZA  
**LARGE SIDE: \$2.00** CHEESE QUESADILLA, MOZZARELLA STICKS OR NACHOS  
**SIDE: \$1.00** FRUIT CUP, FRIES, CHIPS, SNACK VARIETIES  
**BEVERAGE : \$1.00** WATER, TEA, SODA, POWERADE, JUICE

**MORNING BREAK SERVICE: \$2.00**-BREAKFAST BURRITO, BREAKFAST SANDWICH OR YOGURT PARFAIT  
**\$1.00**-SNACK AND BEVERAGE VARIETIES